

BRIDGES

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At the Ronald McDonald House Media Fashion Show **P. 12**

FASHION:

Upcycling creates eco-friendly, punk streetwear **P. 22**

WEDNESDAY, DECEMBER 3, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

THE LAND OF LIVING FRENCH

DENIS ROULEAU HAS MADE
LA TROUPE DU JOUR
A CULTURAL LANDMARK
P. 7



FREE

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

SALLY MEADOWS

Love, Shania and the Whispered Wish

Do you have a dream tucked away in your heart that has never quite come to fruition? If so, my story *Love, Shania and the Whispered Wish* — one of 101 stories by Canadian authors affectionately recelling holiday scenes — runs in *Chicken Soup for the Soul, Christmas in Canada* — will be an inspiration to you. *Chicken Soup for the Soul* stories are known to be delightfully heartwarming and thus reveal volume in the series proves to be no exception.

My story opens on my wedding day, and was inspired by my very first whispered wish as a newlywed. The story tells of a journey that has ebbed and flowed for almost 30 years, a journey that has nurtured through

the birth and raising of two children, a move across the country, multiple careers, a third university degree, disappointments, health crises, and the pain of loss. It celebrates the release of my Christmas CD *Red & White* in 2013, more than a quarter of a century after I should my heart's desire with my now husband that snowy winter day. And as my page today notes, it's a story that is still being written.

Being published in *Chicken Soup for the Soul* is part of this journey,



Sally Meadows

and a testimony that previous readers will surely be rewarded. Over the last two years, I have volunteered about half a dozen stories to the *Chicken Soup for the Soul* editors, been shortlisted twice, and finally, with *Love, Shania and the Whispered Wish*, have achieved success. Although I have written professional papers and a number of newspaper

articles in the recent and distant past, this is my first short story ever published.

And what about the reference to

Shania in the title? Well, you'll have to keep the book to find out all about it.

Chicken Soup for the Soul: Christmas in Canada (retail price: \$28.99) and my *Christmas CD Red & White* (retail price: \$23.99) are available at www.sallymeadows.com/home. At Sally Meadows Bookellers, Amfy/Coles Bookstore, select gift stores, and through other retailers such as Amazon.com and Amazon.ca. You can learn more about my journey on Facebook (www.facebook.com/SallyMeadowsMusic) and on my YouTube channel, www.youtube.com/SallyMeadowsMusic. You can also contact me at sally@sallymeadows.com. I'd love to hear your feedback!



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Denis Rouleau, artistic director of La Troupe du Jour (Saskatchewan's only French theatre), is asked how career allows him to be fully immersed in his francophone heritage. **BRIDGES PHOTO BY MICHELLE BERG**

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*Courtney Guenther and Brooke Cross work up-cycled punk gear from Stevie Crowen's *Wier Paint* collection to their own style to create a streetwear-meets look. **BRIDGES PHOTO BY MICHELLE BERG***

BRIDGES COVER PHOTO BY MICHELLE BERG

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SHARP EATS

See a food trend you think deserves a highlight in Bridges?

Email bridges@thestarphoenix.com

or visit Bridges on Facebook

CHRISTMAS FOOD GIFTS

Six gifts for the foodie on your Christmas list

By Jenn Sharp

It can be tough to buy gifts for foodies.

They turn up their noses at drooping chocolate and they don't appreciate that boutique restaurant gift certificate you picked up waiting in line at the grocery store.

For cooking foodies, word mauling (but most) of them are not. They just really care about food. Think about how excited you got when the Rogers ran — that a whole food we find like when a new restaurant opens and the food is GOOD. That could also be how excited they'll be when you present one of these delectable gifts. The generosity found for you.



1. LOCAL HONEY

When you buy honey from local producers, the flower options are endless. Plus you're helping support. See, kit chow was a bee population. My favorites are Kitako Lake Borage Honey (sold at ingredients Artisan Market in Skidmore) and lavender-infused Zee-Bee Honey sold at the Regina Farmers' Market.



3. A SET OF ASIAN BOWLS

Plus and whimsical, these bowls will set a diner's heart aflame. You, foodies love food, but they love the dishes food goes in almost as much. A nice little rice bowl or a big noodle soup bowl — say one of these (or all) will be a hit. Mix and match to find your own unique set of Asian graces or think store — this one was less than \$50.



2. UNCLE MIKE'S VANILLA OATMEAL FACE BAR

Mike Sommer launched his all-natural line of body products made in Saskatchewan in 2008. Everything is made from cold-pressed fruit, nut and vegetable oils, and steam-distilled therapeutic grade essential oils. They good bye to synthetic, harmful chemicals and hello to happy skin. I've been using the 800 vanilla oatmeal face bar (which smells good enough to eat by the way) for a week now and have already noticed my skin is clearer, smoother and softer.

Go to www.unclemikes.com or find store locations.



4. OUT OF OLD SASKATCHEWAN KITCHENS

Saskatchewan author Amy Jo Khaman's new book is part cookbook, part history book. She gives an introduction to the founding pioneer cultures of Saskatchewan by describing their heritage through their traditional foods.

Take a step of two on a cold night. Khaman's writing welcomes you in like a comfortable embrace. It's a book for those of us who move here and raised here, it's a harkening back to a time when you anticipated grandma's Sunday pot roast and mashed potatoes all week.

It's also a book for the newcomers, as we're rediscovering Saskatchewan. The book is a way to share our culture and an invitation to share theirs and perhaps even offers the opportunity to create new Saskatchewan kitchens.

SHARPEATS



5. A REALLY NICE KNIFE

Because almost all bodies love to cook, this is probably the best gift you can get them (if your budget allows, of course). A high-quality knife to a foodie is pretty much like diamonds. Undoubtedly some of the finest knives to be found in Canada come from a shop in Calgary called Knife Wear. They are Kevin Reed imports: high performance chef knives made by professional blacksmiths in Japan. I've tried out one of his knives — it barely made a ripple while finely slicing a ripe tomato. Try the *Shakutan* (top picture, \$195), made in Nagata City by female designer Fumio Shibata, or the *Polyvers* 180 mm (bottom picture, \$165) made by fourth-generation master blacksmiths in Fujiyama. Both are guaranteed to impress.

Prices range from the accessible to the diamond level, but trust me: these knives will last forever and save every cent.

Knife Wear ships to Saskatchewan, order online at www.knifewear.com

6. POMEGRANATE MOLASSES

This Turkish gemstone has the consistency of syrup but tastes nothing like what you might expect. The result is complex and earthy, the taste being a tad slightly sweet. I was at a dinner party recently where my friend (and chef) Joe Halasz from South had brought plucked eggplant marinated in pomegranate molasses. Marinate was far gotten as we all dove into that bowl of eggplant.

Halasz's recipe loves the stuff and uses it to add roundness and depth to pots of beans and in marinades and sauces. Try it on your next roast. Her favourite use is in a tomato salsa (see the recipe at right). "It releases heat, out of season tomatoes and brightens the glaucous dimension."

You can find it at any Mid Eastern grocery store, the bottle I picked up was \$4.

Always try to buy from a reputable source.



Tomato-Walnut and Cilantro Bruschetta



Based loosely on *meze* (meze, a classic Turkish relish, this spread is spectacular on single-grained bread, as a snack, or as an appetizer. It works equally well as a sauce for grilled or roasted fish. In warm season, add a handful of grilled or roasted corn kernels to the mix. *Yum!*

INGREDIENTS:

- 1 c. (250 mL) fresh walnut butter
- 2 c. (500 mL) dried ripe tomato
- 2 tbsp. (30 mL) pomegranate molasses
- 2 tsp. (10 mL) minced and ground onion
- 1/2 tsp. (2.5 mL) minced, optional
- Juice of 1 lemon
- 1 garlic clove, minced
- 1/4 c. (60 mL) extra virgin olive oil
- 2 tsp. (10 mL) unsalted oil
- 2 tsp. (10 mL) minced cilantro
- Butter salt and hot chili flakes to taste

- Crusty bread for the grill
- Olive oil for brushing

METHOD

1. Preheat the oven to 350 F.
2. Put the walnuts on a baking sheet in a shallow layer and toast them for 10 minutes. Remove from the oven and cool thoroughly then chop with a knife. Set aside.
3. Whisk together the tomato and pomegranate molasses, then stir in the onion, garlic, lemon juice and garlic clove. Add the olive oil, whisking well. Stir in the cilantro, walnuts, salt and hot chili flakes. Set aside.
4. Brush the bread with olive oil. Grill. Remove from heat, garnish with onion and serve immediately. Serves 4.

Recipe reproduced with permission from *Foodies: An Edible Alberta Alphabet* by Joe Halasz from South.



Next week in BRIDGES

German-born and now proud Canadian, Violet Lochore shares her stories of the Second World War as a teenager living in Berlin

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ON THE COVER

A lot of them are very quick to identify themselves to the Fransaskois community, which I think is very good. — Laurier Gareau

#FRANSASKOIS CULTURE

Theatre, history passions for Gareau

By Ashley Martin

Lately for theatre lovers in Saskatoon, Laurier Gareau's career as a media journalist was short lived.

The Fransaskois playwright has written 48 plays in the past three decades. But after completing his bachelor of arts degree in history at McGill University in Montreal, 30-year-old Gareau shuffled to Quebec City to begin a four-year journalism course at Université Laval in 1994. He wanted to be a reporter for Radio Canada.

His Quebec residency didn't last long. He dropped out after one semester and lined up a job to interview.

He was hired for Jan. 4 in Regina, but not for on-air work. He was told his "anti-mainstream American" accent wouldn't fly with listeners.

But eventually after playing away as a researcher, writer, translator and — finally — reporter, he realized journalism wasn't for him. The aspiring playwright changed paths again and didn't look back.

In 1994, with a fresh master's of fine arts from the University of Alberta, Gareau was hired to run theatre workshops in Saskatoon schools through the Canadian Cultural Program. He retired last September.

In addition to profusely writing as the sole a quarter century ago Gareau founded an amateur theatre troupe, Theatre Oskana. But his focus wasn't entirely theatrical.

As a historian, he has produced a history magazine for 25 years.

To boot, he's done it all in his native language.

"I've worked all my life in French here in Saskatoon, which just goes to show that it is possible to do your life pretty much in French in the province," said Gareau, 60.

"We'll be using English when you go get gas or go to the store or something like that, but if the main language of your work is French, then you tend to associate with the French community."

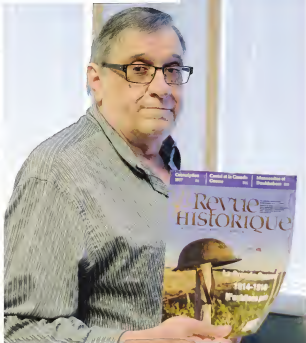
♦ ♦ ♦ ♦

Gareau's great grandfather Assise arrived in the Saskatchewan in 1882 and settled on a farm. His brother Ludger built the church, the rectory, school and business in the community of St. Isidore-de-Belevue, 136 kilometres northeast of Saskatoon. The church and rectory are still standing.

In the early 1900s, Assise was hired to return to Quebec and recruit new settlers to the province.

But not all of them came from Quebec. Some hailed from France, Belgium and Switzerland. Father Louis Pierre Gervais, for whom Gervaisburg is named, came from New York. Other Americans from Minnesota and the Dakotas settled here in the late 1800s and early 1900s.

Continued on Page 8



Laurier Gareau/founded amateur theatre troupe, Theatre Oskana, over 25 years ago. @SaskPhotos by Tracy Haddad

The more we can get people to understand the value of the different cultures is, to me, very important.

—Gareau

They established a life here. By the 1850s, two French-Indian stations were running. A secret society, l'Ordre de Jacques Cartier (also known as La Poterie) had expanded to the province after its foundation in Ontario in 1850. Gareau's father Henry was a part of La Poterie whose purpose was to advance French Catholics in society in politics and business.

But as Saskatchewan was a province, isolated communities felt victims to urbanization and the culture began to erode.

Until the late 1850s, "They had their small country schools where they could keep their languages as long," said Gareau. But by the 1890s, schools were centralized and "suddenly English is becoming the dominant language."

With technology dominating farm labourers, small towns disappeared and people scattered into urban life.

"If you know a small town like Redburn or Redburn or Edson or even Gravelbourg and you move into the city, chances are you won't see your French all that much. You'll become just part of the massive English community that is the city," said Gareau.

Mixed marriages — francophones to Anglophones — further impacted the culture.

But it did survive, with help from the Trudeau government and the Official Languages Act in 1969, and with the work of youth who began to fight back.

In the 1970s, the Saskatchewan French Canadian community adopted the name Francophone, with a push by professional French-speakers. Over time, in 1975, the Association Jeunesse Francophone was among the first organizations to incorporate the new identifier into its name.



A scene from La Foudre du jour's 2005 production Le Message d'un fils Gareau. Background (l-r) Brigitte Chasse. In scene: Boris Adrien, Sarah-Jane, René, Genevieve, Michel, Mylene, Sylvain, and Jean. Photo by Scott van Dine.

Nuts About Nature At Beaver Creek Conservation Area

Hi kids! My name's Chip and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.



Dear Chip,
Why do a many deer get hit by cars?
Kenyon



Dear Kenyon,
Hmmm... have you ever tried to cross a busy road? You know that you have to stop, look both ways and wait till it is safe to cross. You know you are taught by your parents that a moving car can hurt you and is in the way of your safety. Animals don't think that way. To cross a road is simply a part of their habitat and a car is just another object in the landscape. In other words, wild animals just don't understand that cars and roads are dangerous to them. The second problem a deer has is something called fragmentation. Deer are pretty big animals and need lots of land. When roads cross through their habitat, deer are forced to cross these roads as they search for food, water and shelter. Many roads have special signs that warn drivers there are deer in the area. It is wise to slow down and use caution as these areas. Help to save a deer!

Send your questions to me at the address below, then watch Bridge for the answers.

Your pal, Chip

Follow Kenyon Avenue South
Edson or Highway 630
Saskatchewan T1 to Edson then left
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towards Redburn and Highway
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Meewasin

gail's Recipe of the Week Guilt-Free Roll Ups

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Yuckey, Avocado & Hummus Roll Up

Ingredients:
1 lb. slices of turkey
2 slices of avocado
1 Tbsp. hummus

Directions:
Lay the turkey out flat. Using 2 slices turkey lay one smaller sliced hummus in the center of the turkey. Add the avocado and roll up. You may use other veg. if desired.

Keep watching for more recipes and send us your feedback!

Low Carb Roll Up

Ingredients:
3 slices of low sodium Turkey
3 slices of President Cheese or low fat Whipped Cream
3 tsp. jam
8 tsp. slices of avocado

Directions:
On a plate layer 1 slice turkey, 1 slice of cheese, 1 tsp. of jam. Top with 2 slices of avocado. Roll up tightly and repeat 2 more times.



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We're not in our little corner by ourselves. The company, it's one of the major theatre companies in Saskatoon, so we're part of the game. We're part of the tapestry of the culture. — Denis Rouleau

A flag was launched in 1978. Large-scale cultural and historic festivals followed. Cultural organizations were formed.

Then in the mid-1980s, "The term Francophone became a dirty word," said Gureux, "just as the Inuktitut community was starting to really accept the term."

Some people argued the term excluded French-speaking anglophones or mixed marriages.

"Now it's starting to turn again back the other way where a large new French anglophone (in contrast) into the province," said Gureux. "A lot of them are very quick to identify themselves to the Francophone community which I think is very good."

Cultural preservation must begin "at home in the family," said Gureux, who has two children with wife Stéphanie Verreault, a French teacher and principal.

Son Sébastien, 31, and daughter Camille, 15, attended the French Ecole Monseigneur de Laflèche in Regina — Camille is still there in Grade 11.

Though the two are more apt to lose in English, said Gureux, "I think it is a question of the time. So when you're a teenager, French is not all that important. So they're going through that now, too."

♦ ♦ ♦ ♦

Growing up in a French-speaking community, it wasn't until he entered Grade 9 at Collège Mathieu in Grimsby that 1980-born Gureux really learned English, as half his class spoke under the tongue.

Due to a childhood case of polio, Gureux was never expected to follow in his dad's footsteps and become a farmer. But farm life did influence his work, in a way.

Former's farmhands were Michel men from Hatache. 35 km northwest west of Bellevue, who would share stories about their history and heritage.

Working summers on a farm made at Hatache National Historic Site allowed him to learn more.

"Growing up I always had a very close link to what had happened in Hatache in the 1880s and the rebellion and so forth," said Gureux.

In 1979, he wrote *Le Notion Provençal*, which traces Louis Riel's year in Redoubt in 1884-85. Theatre Oubou performed it in 2003.

La Trésor — his "last play" in his career — ended thanks to Hatache, from a French-Indian drama to an English play (*The Betrayer*) that debuted at the Kinsmen Fringe Festival in 1985, the 100th anniversary of the resistance.

A few years later at the request of a University of Saskatchewan French instructor, he rewrote the French version.

It was twice produced by Saskatchewan's only professional French theatre company *Le Troupe du Jour* in 1995 and 1997.

♦ ♦ ♦ ♦

Among the 300-or-so plays *Le Troupe du Jour* has produced is his new artistic director, La Trésor is one that stands out for Denis Rouleau.

Continued on Page 10



Denis Rouleau, artistic director of *Le Troupe du Jour*, Saskatchewan's only professional French theatre company. Photo: Denis Rouleau/Le Troupe du Jour

I've worked all my life in French here in Saskatchewan, which just goes to show that it is possible to live your life pretty much in French in the province. — Gareau



La Troupe du Jour's play *Le Roi des Français* in 2009. The players are, from left, Steve Mikkar, G. Nelson, Marie-Clare Abouette and David Granger. (Photo by RICHARD MARHAM)

"It was really well received," said Rodière. But he couldn't tell if it was a success — he can't narrow down one show late Rodière.

"There's different things, different shows, different adventures. Some I direct myself, some I hire other directors."

Since Rodière began his term as artistic director in 2004, four years into the company's existence, things have changed a lot. From a staffless volunteer organization with no office, it grew.

Rodière's first year was focused on production and trying to build a season that consisted of more than one show.

In the years that followed, the company received grant money and was able to hire an administrator and other staff. It opened an office.

Then, three years ago, *La Troupe du Jour* opened its own theatre. "It was lots of work," said Rodière.

But the work is the result of a lifelong passion. Growing up in Roubaix, Quebec, Rodière always loved theatre in school.

He pursued drama in Montreal at the Université de Québec and imagined he would be an actor or designer.

The theatre took him to work in Edmonton for two years. Then he saw an ad for a job in Saskatoon, the Capital Cultural Foundation was hiring a drama workshop leader for students of all ages — the same job Gareau held throughout his career.

In Saskatoon, he found *La Troupe du Jour*. Saskatchewan's francophone com-

munity is small, its francophones the size of communities in even smaller Rodière tries to hire as many local people as he can, but "gradually all actors who speak French, they're not in a lot, so that's why every year we bring artists from outside of the province" — from Winnipeg or Montreal or Quebec City," he said.

That presents a financial challenge because when you bring an actor from a different province it's added on the budget: in terms of travel costs, a per diem and accommodation.

But Rodière doesn't see *La Troupe du Jour*'s financial situation as any more challenging, really than other professional theatre companies in the province. "It's like everybody like every company. You can ask that question to the United Theatre too. It's not just because we're French."

About 100 people attend a two-week run at *La Troupe du Jour*. To draw a larger audience, for the past five years the company has provided English subtitles above the set. The idea came from a French theatre company in Toronto, though subtitles are used to open a lot, he said.

The scheme has resulted in more English speakers attending the shows, said Rodière. "But in French, your husband is not, so with the subtitles that's allowed those two people to come to do an activity together in another language than English."

For us, it was a way to getting new audience and to make sure we give access to the French culture to different people.

"We're not in our little corner by ourselves. The company, it's one of the major theatre companies in Saskatchewan, we're part of the game,"

he said. "We're part of the tapestry of the culture."

And why should one francophone attend a play to read English subtitles?

"Because it's good," he said, laughing. "Because if you love theatre, you'll love it. It's a different way to do it. The energy's not the same and of course the language, it's always an experience to see a piece of art in a different language. Sometimes it's not just a question of understanding the words, but if it's to feel the mood, to feel the atmosphere."

Gareau shares that sentiment. "The more we can get people to understand the value of the different cultures is to me very important," said Gareau.

swearing@postmedia.com
Photo credit: Richard Marham

#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

1 Address listed
3 Church-hall location
10 Grille at the
seminary pool
14 Scaling nonexistent
eray moose
15 Bunker of "The Big
Easy"
16 Visit
17 Filled apartment or
house
19 Address Lubbock
20 Part of Algeria
21 Use one side of Mount
Everest
22 State that borders
Iraq and Saudi
Arabia
23 Carve strip of maple
24 Brand to a band
27 Awarding a
28 Quinine
32 Baseball game's hopes
33 Post special
34 In control in France
35 Embroider
36 Yellowed fabric
38 It's a real deal
39 Holy Communion, n.p.
40 May in Vichy
42 Temper
43 Gain
44 Part of a planet
45 Play (adj.)
46 Bus, as a dog might
shout
47 1940s' jazz band
48 Reason for same
sex couples
49 One being of one
element
50 Contact a historian
51 Longtime photo
subject, with a hint
to the answer to the
Blue altered
clue
52 Side-splitted hair
from maple
53 Coffee, as in a way
54 Yellow-bellied

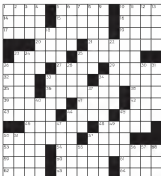


Illustration by C. Cooper

- 49 Pseudonyms
50 Sonnet of the band
54 Something to match

DOWN

- 1 Tennis-feder letters
2 Canal zone
3 Address label
4 Each composition
5 Ingredient in much
As an cooking
6 A
7 Feeling said, via
8 Golden ropes
9 Calendars with
10 From McCourt's
"Annie"
11 Work the halat, say
12 Common bond
13 Exiled head
Germans
14 Part of a character?
15 Obscure
16 Incalculable, obscure
17 A value of many a TV
interview
18 Time to settle
19 Ancient world
20 Indian
21 Rural trade out
22 Gifted pianist
23 Gradually introduced
with "in"
24 Long sleeplessness
25 Canadian born
feeding penit
26 One of a little
brother
27 "You better"
28 Removable, as a
conductor
29 Broken parcel
30 Acoustic features
31 Gossip
32 Inevitable fact
33 Seattle-by-LA
director
34 Vale
35 Part of ASP, Abbe
36 Cancer vaccine

JANRIC CLASSIC SUDOKU

Level Silver

Fill in the blank cells
using numbers 1 to 9.
Each number can ap-
pear only once in each
row, column and 3x3
block. Use logic and
process of elimination
to solve the puzzle.

The difficulty level
ranges from Bronze
(easiest) to Silver
to Gold (hardest).

		8		4		3		
6		8		9		2		4
	7		7	1				
					9			
1	4	2	8	7	5		3	
			5			4		
					5	3		
8	9	3		3	1			6
1		6		8				

Solution to the
crossword puzzle will
be in the Sudoku code
found on Page 23

Authentic Amish Cooking



Copyright © 2008 Authentic Amish

Chocolate Chip Coffee Cake

- 1 C. Butter, softened
3 Large Eggs
2 C. All-purpose
flour
2 T. Baking Powder
2 C. Sugar
1 T. Almond Extract
1 C. Flour
1 T. Baking Soda



Cream together butter, sugar, eggs and extract. Add the remaining ingredients
and stir well with electric mixer. Spray 8x13 inch pan with vegetable spray or
grease and flour. Pour two-thirds of batter into pan, sprinkle with 1/4
cup milk chocolate chips. Bake in 350 degree oven for 40-50 minutes.
When completely cool, combine the following ingredients and drizzle over cake:
1/2 C. Milk Chocolate Chips 1 T. Shortening

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ON THE SCENE

RONALD MCDONALD HOUSE MEDIA FASHION SHOW

The Ronald McDonald House Media Fashion Show has been a November tradition for 22 years. Models from Saskatoon media and their families strutted the runway in the latest fashions from local retailers. The Sheraton Cavalier on Nov. 27.

The crowd of 380 snacked on appetizers and sipped cocktails while actress Gugu and Sharna Foster encouraged the models to let loose onstage. Derek Watson's son Lucas took the challenge and dropped into an impromptu breakdancing routine.

The event raised \$38,571 for Ronald McDonald House Charities Saskatchewan which provides accommodation for families of sick children traveling to Saskatoon to receive medical treatment. To see how you can help families at camp at the house this Christmas or adopt a room, go to www.rmhc.ca.

BRIDGES PHOTOS BY MICHELLE BERG



ON THE SCENE



1. Chelsea Lanning and Patty Smith

2. Ratha Luvoy and Heather Jallane

3. Some of the raffie items on display

4. A youngster walks the runway

5. Leslie Sanders and Dale Webb

6. Eve Epp, Rachel Rathi and Joiretta Epp

7. Melissa Bodner and Shirene Gosselin

8. A model walks the runway

9. Skane and Joel from Craz FM

10. Kate Hedderburgh

11. Maria Wagner and Megan Fern

12. Terri Dawson, Amanda Weisner, Griffith and Sarah Sokoluk

13. Ruby Fulkawa and Christine Hummer



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IN THE CITY

NOVEMBER 26, 2014 — 6:05 P.M.

Smile lights up a room



Children were getting excited for Christmas when achieving the lights and decorations at the Festival of Trees at the Weston Developmental Museum in Saskatoon. Photos by MICHELLE BLOOM

GARDENING

#WINTER GARDENING

Growing microgreens for an indoor winter garden

By Jackie Bantle

Microgreens, like the sprouts discussed in last week's column, make for a good winter gardening project. Microgreens are these delicate plants of herbs or salad greens that can provide fresh grocery to your meal and are especially appreciated in the winter.

Microgreens are often made up of the same plants that are found in salad greens, but they are harvested at a much earlier stage than salad greens. Some people think of microgreens as a cross between an sprout and salad greens. The greens provide texture and colour as a garnish or unique and exciting flavours along with high nutritional value when part of a salad. Growing

microgreens in your home is easy.

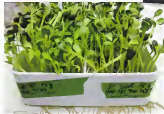
Choose a large enough container or tray so that the seeds are only one layer deep and have some space between seeds (at least 25 mm). The container or tray should be 3-5 cm deep and have some holes for drainage. If the tray or container has large drainage holes that allow the seeds to drain out, line the tray with paper towel or newspaper (in order to avoid harmful bacteria (e.g. salmonella) or disease contamination in your microgreens, purchase and use only seeds recommended and sold for sprouting).

You can grow microgreens in a variety of potting media: peat based potting mix, coconut peat, vermiculite, compost or worm castings from your vermiculite. Fill the tray with lightly

moistened (just wet) potting medium to a depth of 2.5 cm.

Soak the seeds in water overnight in the morning, drain the seed and sprinkle seeds evenly on top of the mix. For best germination and greens, seeds should not overlap in the tray. Lightly cover the seeds with 0.5 cm of potting medium, pressing seeds down firmly into the tray. Cover the container/tray with plastic wrap or clear lid. Place the tray in a warm room, 20-25°C.

Using a mister or light sprayer, on days that the surface of the tray is moist, mist. As soon as germinated greens are visible, remove the cover. Continue to water the greens, ensure that the tray remains moist but is not too wet. If standing water



StarPhoenix microgreens are a delicious addition to salads, soups and stews. PHOTO COURTESY JACKIE BANTLE

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The StarPhoenix

EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

MUSIC

Wed., Dec. 3

Electric Blue
Buds on Broadway,
817 Broadway Ave.

Mechanic Gun Kelly
Orpheum Event Center,
241 Second Ave. S.

Thurs., Dec. 4

Dirty Horse
Cockers Restaurant &
Lounge
1-327 Pinehouse Dr.

Deaprock
Buds on Broadway,
817 Broadway Ave.

Booze and the Brevets
The Basement II,
204 Fourth Ave. N.

An Evening for Tom Waits
Vanzetti Tavern,
801 Broadway Ave.

The Tea Party
Orpheum Event Center
241 Second Ave. S.

**Swag: A Tribute to Michael
Pugh**
Dakota Dance Casino,
204 Dakota Dance Way,
Winthrop

Capital Club Student Night:
DJ Jaggermeister and DJ
Caspermeister
Capital Music Club,
244 First Ave. N.

Fri., Dec. 5

Schmear
Buds on Broadway,
817 Broadway Ave.

**Flano Friday: Fred Ballen-
zine**
Booze and the Brevets
The Basement,
204 Fourth Ave. N.

4-From:
Army & Navy Club,
339 First Ave. N.

Forever Young
Toon Town Tavern,
3330 Fairlight Dr.



Rapper Machine Gun Kelly will be at O'Donoghue Center tonight. army.mtvlive.com

Mokulika
Mekaly Robinson,
3300 Eighth St. E.

Sentinel Long w/ Apple
Cris and Soft Cotton
Amigos Cantina,
632 10th St. E.

**Rockin' Me: The Very Best
of Elton John**
Dakota Dance Casino,
204 Dakota Dance Way,
Winthrop

Sneaky Tiger w/ Wizard
Boots, Sausen & Quilts

Hawes
Vanzetti Tavern,
801 Broadway Ave.

**Vigilant Decision w/ West-
d and Grimace**
Rock Bottom,
834 E. Broadway Ave.

Old Joe and the Truth Harts
w/ The Whiskey Jerk
Capital Music Club,
244 First Ave. N.

Kidz Reins
SEEN & FROG,
108-110 Rush St. E.

Freemont Street
Pappy's Pub and Grill,
1403 1st Avenue N.

The Crooked Brothers
The Basement,
204 Fourth Ave. N.

Hang Jury
Buds on Broadway,
817 Broadway Ave.

**Flano Saturday: Marlene
Drouin**
Jazz Singers Series: Eliza-
beth Shepherd Quintet

The Basement,
204 Fourth Ave. N.

4-From:
Army & Navy Club,
339 First Ave. N.

Williams and the Shadows
Nutsa Legion,
2021 Louise St.

Phoenix
Downtown Legion,
808 Squella Creek W.

Rhonda Gallant-Moran
Mekaly Robinson,
3300 Eighth St. E.

**Asking Alexandria w/ Bless
the Fall, Chelsea Date, Lupa**
**A Burning Body, and The
Family Dubs**
Orpheum Event Center
241 Second Ave. S.

Kidz Reins
Star's Place,
108-110 Rush St. E.

Freemont Street
Pappy's Pub and Grill,
1403 1st Avenue N.

Orion Mulvaney
Buddy's Bar & Grill,
134 Primrose Dr.

Bill Dunst

Vanzetti Tavern
801 Broadway Ave.
Friends of Pans w/ Louie
and Anna Hewittback
Capital Music Club,
244 First Ave. N.

Sun., Dec. 7

Acoustic Night: Jack Miller
Buds on Broadway,
817 Broadway Ave.

The Crooked Brothers
The Basement,
204 Fourth Ave. N.

Zachary Lucky w/ Karolina
Brothers and Little Criminals
Amigos Cantina,
632 10th St. E.

Tues., Dec. 9

Red Dog
Buds on Broadway,
817 Broadway Ave.

Always
Amigos Cantina,
632 10th St. E.

**Alexis Carr w/ Friends of
Pans**
Vanzetti Tavern,
801 Broadway Ave.

ART

Heart Art Supplies
LIVE! Dec. 31 at 18th Lane Ave.
Artwork by Kathleen Olson
Reception Dec. 6, 2 p.m. to 4
p.m.

**The Gallery at Frances Mor-
row Central Library**
Dec. 2 to Jan. 31 at 38 23rd St.
E. Across the Ocean by Joan
Besso. Paintings inspired by
the music of Prince and the
Globe. Reception Dec. 4,
7 p.m. to 9 p.m.

Artists Drawn Together
Dec. 9, 9 p.m. to 8 p.m.; Dec. 12,
9 a.m. to 4 p.m.; Dec. 14, 1 p.m.
to 4 p.m.; Dec. 15, 7 p.m. to 10
p.m.; and Dec. 20, 10 a.m. to 4
p.m., at Le Biais, Fredericks
and Associates, 230-308
Fourth Ave. N. An art show
and sale of recent paintings by
Vicki Woodhouse and Doreen
Olivier. Artist reception Dec.
5, 5 p.m. to 8 p.m.

EVENINGS

Movies for Homeless
Thursdays, 7 p.m., at Fairview Cinema in The Centennial Centre. Friendly environment with reduced sound, change tables, bottle warming and shelter parking.

Happagoo
Thursdays, 9:30 a.m. to 10:30 a.m., at Grace-Westminster United Church. Hosted by Faith Home Learning Community, a group of families inspired by Waldorf philosophy. Programming is aimed at children ages two to five, but all ages are welcome.

Preschool Story Time
Tuesdays, 10:30 a.m. to 11 a.m., at McNelly Robinson, 3300 Eighth St. E. Free childcare spots three to five in the Circle of Trees. Call 366-995-1471.

My Smart Heels Salsa Sings Baby and Toddler Sign Language
Starting Jan. 13, United St. Baby sign language provides the skills to communicate with your pre-verbal baby, accelerate mental development and strengthen cognitive skills. Registration is now open. For information contact: Tanya Mertz at MySmartHeels@gmail.com.

EDUC 4 KIDS® Saskatoon
Regular after-school programs, enrichment classes and courses for kids of all ages at various locations in Saskatoon. An atmosphere for students to learn through creative activities, play games, and have fun using LEGO® bricks. Visit educ4kids.ca/en-ca or call 366-979-2768.

Saskatoon Public Library Programs
Opening child problems for children and families. Find the calendar at saskatoon.library.ab.ca/6165.

SPECIAL EVENTS

Saskatoon Farmers' Market
Open year-round. Wednesdays and Sundays, 10 a.m. to 3 p.m., and Saturdays 8

a.m. to 2 p.m. Farmers are in attendance. Tuesday to Friday, 10 a.m. to 5 p.m., and Saturday and Sunday during market hours. Food service and specialty shops are open. Information at saskatoonfarmersmarket.com. Contact 366-643-6432, sktinfo@sasktel.net.

St. George's Senior Citizens Club Activities
Wednesdays, 12 p.m. to 4 p.m., at 1230 20th St. W. Bingo and Keno, billiards, dominoes and friendly socials. New members ages 55+ are welcome. Information at 366-364-4344, 366-786-0336.

Mayfair Gospel Bowling
Wednesdays, 10 a.m. to 11 a.m., at Mayfair United Church. Beginners and experienced players are welcome. For information call 366-652-3701.

An Intimate Evening with Frank Mills
Dec. 3, 7 p.m., at TCU Place. The pianist shines piano, mellophone and baritone. Born over 40 years at the piano and on stages around the world. Tickets at 366-977-7779, tucplace.ca.

NHL Legends Pierre Tardif Fundraiser
Dec. 3, 7 p.m., at the new Legends Centre in Wainwright. Family-friendly hockey game.

For the Love of Amsterdam
Dec. 3, 7 p.m., at Frances Merrett on Central Library. An evening of film with Amstel in the background. Co-hosted by The Winkler Film Festival. Discussion and coffee.

Chamber Music Concert
Dec. 3, 7:30 p.m., at Lutheran Theological Seminary Chapel, 14 Seminary Cres., at the U of S. Works by Vivaldi, Mendelssohn, Beethoven, Haydn and Holst. Admission is by donation.

West Coast Swing Dancing
Evening's second "Waltzercise," 9 p.m. to 12 p.m. at Lou's Pub, 32 Campus Rd. Learn to swing dance.



The Rhythmic Elm Church Christmas Liberation Tans Dec. 3-5 at Elm. Photo credit: Susan Hays Photo

Free Noon-Hour Concerts
Dec. 4, 11 and 12 p.m., at Third Avenue United Church. Coffee and tea are provided. Bring a bopped lunch. Dec. 4 is Prairie Windswept quartet. Donations are appreciated. Information at 366-852-8873.

Evening Market
Dec. 4, 5 p.m. to 6 p.m., at the Saskatoon Farmers' Market.

S/P/C Dances
Thursdays, 7 p.m., in room 13 at Albert Community Centre, 610 Clarence Ave. S. Saskatoon International Folkdance Club. Learn dances from many countries around the world. First night is free. Visit firstnight.com.

Silver Swirls Ball
Dec. 4, 7:30 p.m., at Broadway Theatre. Saskatoon's largest 20th anniversary Christmas show.

La Chœur des Pâques
Thursdays, 7:30 p.m., at École catholique française, 1451 Albert Ave. Sing and socialize in French. With choir director Michèle Harris and accompaniment by Rachel Fraser. Information at 366-364-6432, 366-363-9459.

40th Sundog Arts & Entertainment Fair
Dec. 5, 9 a.m. to 10 p.m., Dec. 6, 10 a.m. to 10 p.m., and Dec. 7, 10 a.m. to 5 p.m., at SaskTel Centre. Artisans and specialty food producers from across Canada, live stage entertainment, children's area, entertainment, ethnic food court, demonstrations and information, and door prizes. Admission at the door. Visit saskdogartsandentertainment.com.

Writer Wonders Handmade Market
Dec. 4, 9 a.m. to 9:30 p.m., and Dec. 5, 10 a.m. to 5 p.m., at St. Joseph Parish Hall, 325 Eighth St. E. Presented by Ploek and Gertie Craft Collective. Admission is free. Information at ploekandgertie.com.

99th Annual Elgin Church Christmas Celebration
Dec. 5-6 at 159 Glenview St. A blend of traditional and contemporary Christmas music. Performers by the choir, choral ensembles and a professional 36-piece orchestra. Featuring soloists Leon Charlton and soprano Christina Mathew. Tickets at 366-334-1700, elginchristmas.com.

Truffles and Treasures Marketplace
Dec. 6, 9 a.m. to 3 p.m., at Compassion at Central Business Centre, 615 11th St. E. Shop for all your Christmas needs. Food, home decor, jewellery, clothing, sporting goods, health and beauty. With lower prices. Admission is free. Funds raised support the Saskatoon Food Bank and Living Centre.

Get Your Cheer On! Christmas at the Co. Shopping
Dec. 5, 7:30 p.m., at Pine Row Dance Centre, 234 28th St. W. Celebrate the holiday season with themed models and holiday beverages, concert, parties, concessions, performances and live models. Bring cheer cards and art supplies. Admission at the door. Visit saskdogartsandentertainment.com.



**FRIDAY
DECEMBER 5
5:00 pm - 10:00 pm**
**SATURDAY
DECEMBER 6
10:00 am - 10:00 pm**
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DECEMBER 7
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EVENTS

Holiday Market

Dec. 8, at the Saskatoon Farmers' Market. Santa will be there from 11 a.m. to 1 p.m.

Klezmer Workshops, Performances and Pies

Dec. 8, Workshop 10 a.m. to 1:30 p.m. at Collegiate High School, 935 Broadway Ave.; performances and fests 3:30 p.m. at Speckley's, 909 Central Ave. Tickets at picnic.com, saskonevents.com.

Borden Farmers' Market Christmas Sale

Dec. 8, 9 a.m. to 4 p.m., in Borden Community Centre. Free admission. For information call 306-999-2159.

Holiday Christmas Decorations

Dec. 8-13, 10 p.m. to 4 a.m., at Meadow Valley Centre, 402 Third Ave. S. Create an old-fashioned Christmas on Dec. 10 as you're Christmas decorating. Permits free to 12.

Annual Street Car Race and Baked Buns

Dec. 8, 9 a.m. to 3 p.m., held by Savvy's at Lawson Street Heights Mall. Hosted by SCAT Street Car Race. All bakes items are donated by sponsors and can be dropped off at all morning times.

Meet and Greet with Artist Adrian Goffman

Dec. 8, 1 p.m., at Well Point Petters, 201 Eighth St. Meet the new artist-instructor. He will teach you art and help children and adults. All ages welcome.

Christmas Tea & Bake Sale

Dec. 8, 1 p.m. to 3 p.m., at All Saints Ukrainian Orthodox Church Auditorium, 2015 Louise St. Sponsored by the Ukrainian Women's Association. Refreshments include: baked goods, beverages, lotteries, raffles, bazaar, silent auction, and door prizes.

Christmas Tea & Bake Sale

Dec. 8, 2 p.m. to 4 p.m., at St. Martin's United Church, 2017 Clarence Ave. S. Homemade mince pies, jam for sale. Admission by freewill offering.

Synagogue Holiday Spectacular: A Ukrainian Christmas

Dec. 8, 7:30 p.m., at TCU Place. The Saskatoon Synagogue Orchestra performs. Featuring Ladylike Choir and Polyphonic Folklorique Ensemble.

Grooming Circle

First Tuesday of each month, 1 p.m., at the Unitarian Church, 212 Second St. E. Beginners are welcome.

Kids at Noise and the Movements

Dec. 7-2 p.m., at Grosvenor Park United Church, 207 Cumberland Ave. W. For 10th annual concert. Featuring Joy of Vibe, Guest musicians include: Don Gilman on bass, Lukas Peterson on percussion and Michaela Selinger on trombone. With accompaniment from Kelly and Shalea Carbert. A free concert followed by a public reception.

A Holly, Holly Christmas

Dec. 7-3 p.m., at Zion Lutheran Church, 323 Fourth Ave. S. The Canadian Singers' holiday concert. Classical, contemporary and holiday music. With a silent auction. Tickets at HollyBelieve.com. Ticketed seating. Free will at the door.

An Annual Brawl Service on the Lawn

Dec. 7-6:30 p.m., at Third Avenue United Church. Live animals, dog tricks, hot chocolate and cookies. Everyone is welcome.

Tonight's Hot Second

Dec. 7-7:30 p.m., at the Woods Lake House, 142 Second Ave. N. Community Stage featuring Sabrina Baines.

Winter Melodics

Dec. 7-7:30 p.m., at Grace-Westminster United Church, 503 10th St. E. Saskatoon Auxiliary Band performs a variety of music. Free on Broadway to tunes from the Christmas season. Tickets at MonthlyBelieve.com, from members or at the door.

Orpheus @6 Chorus

Dec. 8-7 p.m., at Centre Senior Citizens Centre, 614 11th St. E. Saskatoon Orpheus @6 Chorus performs with singing, instrumental music and instrumental. Refreshments will follow the concert. Admission by freewill offering. Funds support the Salvation Army Christmas Commission.

Interfaith Conversation on Climate Change

Dec. 8-7 a.m., at All Saints Community Centre, 610 Clarence Ave. S. Speakers include Paul Harley and John Affin. This forum is a continuation of discussions relating the Religion in the Public Square. Tea and cookies will be served during a meal. Admission by freewill donation at the door. Information at 306-564-3331.

Knights of Columbus Christmas Festival

Dec. 8-9, 7-10 p.m., at TCU Place. Tickets at 306-575-7799, toulclubs.ca.

Off-Broadway Pinnars' Market, International Bazaar, and Bazaar

Saturday, 10 a.m. to 4 p.m., in the basement of Grace Westminister United Church, 503 10th St. E. Offering a variety of locally produced food, clothing and accessories from India, pet products, beanie and bazaar displays. New vendors welcome. Call 306-564-2940 or email pinnars@houstonjshines.com.

Quadrille Times Dancing

Second and fourth Tuesday of the month, through April, 7-10 p.m., in the basement of Grace Westminister United Church, 503 10th St. E. Hosted by Saskatoon Pinnars' Market. Cost: \$5.00. Tickets at 306-564-2940.

Comedy Night

Dec. 9, 9 p.m., at Pizz's Pub and Grill, 1423 10th St. W. Free. Free will at the door.

Gingerbread House Contest

Dec. 13 at the Saskatoon Farmers' Market. Judging at 11 p.m. Auction proceeds will be donated to Adopt-A-Family.

Jingle Bells

United Dec. 18 on Broadway Ave. Start to win from \$100 to \$500 in jingle bells at participating Broadway Avenue merchants. Jingle bells can then be spent at Broadway stores.

1940-1960s Enchanted Forest Holiday Lights Tour

United Dec. 10, 5-9 p.m. to 11 p.m., at the Saskatoon Horticultural Park & Zoo. Light walk Jan. 11-12 p.m. to 3 p.m. The drive-through Christmas display includes 100+ acres of lights. Free tickets and passes at Sawtooth, Shoppers Drug Mart, Millbrook Place and at the gate. Funds raised support the Saskatoon Zoo Foundation and the Saskatoon Hospital Foundation.

THEATRE

Anybody Out There?

Dec. 2-9, 6 p.m. shows, 7:30 p.m. show, at Maple Theatre Centre, 952 33rd St. W. When his doctor suddenly informs him he has six months to live, Oliver starts performing feats of dazzling bravery, only to learn of the error at the most inopportune time. Tickets at 306-362-6446.



Mark Gurgis (left) and David Lyndon in a scene from *Persimmon*. Theatre production is *A Wonderful Life*. Photos by Mike White.

The Christmas Express

Dec. 3-1, 10-14, and 17-21 at the Bess Playhouse on Highway 12. Unbelievable things begin to happen when five strangers arrive at the train station in the small town of Holly on Dec. 26, 1950. Tickets at 306-299-6650.

Charles Dickens' A Christmas Carol

United Dec. 4, 7:30 p.m., at the Mayor Residence, 368 1st St. E. A one-man show presented by John Henshaw. Experience a Victorian house concert in a Victorian home. Featuring seasonal music, crafts, cider and Christmas drinks. Tickets at 306-564-1201.

The Best Christmas Pageant Ever

Dec. 4-6 at St. Joseph's Avenue Holy Family High School. Presented by BME students. A mother struggling to put on a church Christmas pageant is faced with casting the Herodian kids — probably the most awful kids in history. Tickets at the door.

The Haunted Man

Dec. 5-21 at Bessing Sky Theatre in Meadowdale. Charles Dickens' other Christmas story — the true ghost story. Tickets at 305-315-A-NAID. Information at bessingskytheatre.com.

The No-Nonsense Improv Comedy

Dec. 3-6, 8 p.m., at the Refinery. Hosted by Maurice Sendak. A Presentation House Theatre production. The Improv Comedy troupe performs. Admission at the door.

Where the Wild Things Are

Dec. 5-6, at the Refinery. Written by Maurice Sendak. A Presentation House Theatre production. The Improv Comedy troupe performs. Admission at the door. Tickets at 305-364-7727, persimmontheatre.org.

It's a Wonderful Life

United Dec. 21 at Persimmon Theatre. Based on the Frank Capra film and the original story by Philip Van Doren Stern. George Bailey is facing financial hardship and in his moment of greatest despair, is saved by a quartet of angel narrators. Admission by freewill offering. Tickets at 306-364-7727, persimmontheatre.org.

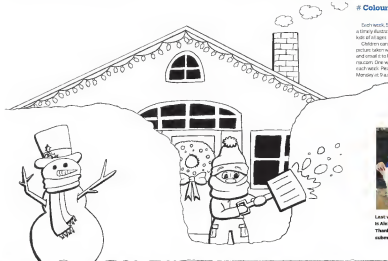
Event listings are a free community service offered by Knight. Listings will be posted if space permits. Subscribers receive a free weekly edition by email only.

OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a timely illustration in need to please kids of all ages.

Children can colour the page, have a picture taken with the finished product, and email it to bridges@thestarphones.com. One winner will be chosen each week. Please send entries by Monday at 5 p.m.



Last week's contest winner is Alexander Gustafson. Thanks to everyone who submitted entries!





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FASHION YXE

What do you wear to stay warm?

Send a photo to bridges@thestarphoenix.com

ALTERNATIVE FASHION

Upcycling creates eco-friendly streetwear

By Jenn Sharp

Life can be a wild ride and no one knows that better than Saskatoon designer Steve Crowne.

Last year Crowne was enrolled in the prestigious Blanche Macdonald Centre in Vancouver, but dropped out of the fashion school after the first semester. He attributes it to being "a bad kid" and struggling with some of the classics.

He came home to Saskatoon, knowing he wasn't cut out for fashion academia. Instead, he wanted to start a career around jeans in the making (he began designing clothing in high school in 2010). While Post by Steve Crowne is a bit grungy, with a heavy dose of punk and a dash of glamour.

For the people that wear Crowne's clothing, made from vintage thrift pieces that he reworks and embellishes with his own touches (he calls this call it up-cycling). It's all about originality. These pieces are not a style for the faint of heart — or for those over a certain age. Crowne likes to take formerly ugly or dated pieces and make his bold look.

His inspiration comes from a dark period in his life. Crowne has had plenty of struggles, but says his design inspiration now comes from God.

I know it's a bit like a pendulum — that it went my work is. From the dark side and from the light side. It's a yin and yang between I drink too or could all embrace the good and the bad. Both. I have the potential to change us in different ways and can make us better if we want it to."

November was a traumatic month for the 20-year-old. He recently came out to a family member who wears it, a family supporter. Crowne and his boyfriend broke up soon after.

Sometimes you latch on to people and they latch on to you and you have a very good connection and people tell you many things. You have to go with what you know from how the two of you connected, not what everyone else on the outside says (about the two of you)."

He's rising above the drama, though and

Steve Crowne creates new pieces using vintage finds he sources in thrift stores and from Post by bridges@thestarphoenix.com PHOTO BY MICHELLE HILL

throwing himself into his work.

"War Post has saved my life. Without War Post I would be nowhere. It's all I got. So wear your stripes and be proud of who you are."

Friends of Crowne's include models Brooke Cross and Courtney Lawrence, who modeled their favourite pieces, many in their own clothing for a show-stopping look. The question remains: Is Saskatoon ready?

bridges@thestarphoenix.com
Twitter: @cassidybridges

Courtney Lawrence

HATS: Upcycled. "That's a big thing (in Saskatoon) now, there's a bunch of people doing it," explains Crowne of his friends' environmentally conscious way to re-work clothing.

BLAZER: Vintage, hand-dyed. "It's a more subtle look on black, and easy to wear."

TANK: Garage.

PANTS: Mom.

SHOE: The Block Shop in Vancouver.

SHOES: A new, closed store in Saskatoon.

Brooke Cross

HATS: Store in Midtown Place.

VEST: "It was a big old frayed leather dined jacket. I saw it and thought that's disgusting. I'm going to make it beautiful," says Crowne. To beautify it, Crowne cut off the sleeves, chopped the bottom off, added fringe and a crown crest logo.

SHIRT: Garage.

LEGGING: Auden's.

SHOES: Dutch-Groovers.

SKULL RING: From a store on Robson Street in Vancouver.



WINE WORLD

#SASKATCHEWAN WINE SCENE

Expand your wine palate with an Italian pick

By James Romanow

It's cold. It's dark. And the first thing you're going to do when you get home is open a bottle of red.

Unfortunately, the most popular red wine comes from France, specifically from the Bordeaux. They are all people grapes. Everyone in France knows that when you're old, you'll drink Bordeaux. It is expensive and rather harsh, but when you reach your age, your taste buds need more stimulation to make up.

Popular vintners in Australia and America get around this in various ways, mostly by picking ultra ripe grapes and leaving a lot of residual sugar in the wine. If you want to take a more natural approach, you need to think outside the bubble.

There are at least a thousand grape varieties in the world and you're above average if you drink 10 of them. Wine from countries that was undrinkable as little as two decades ago, is now world class.

You can actually drink as the Greeks that you like with different grapes. Like a touch of mineral, zoom specifically in your wine? Try Chianti. Unlike Italian? Then give Chianti and Valpato a go. Want more tannin to get along with your steak but not so much as Cabernet Sauvignon? Try Barbera.

There is a wine made from the Nebbiolo grape,



a sort of justice Berolde. State dry with some sun, it has the best of crisp acidity that makes for a very nice food wine. It's also made with different yeast strains from French grapes, and released fairly old. If you have an allergic response to red wine you need to switch to another country's grapes. I suggest this is a great place to start.

Barberole Barbera (July 2010) \$29.99 *****
There. A red culture at last. Wine folks on Monday a paper and wine on Twitter @jromanow.

Crossword/Sudoku answers

SELA	SPIRE	AQUA
PAIR	CLERK	NULL
FRUIT	SALAD	QUINA
ORAN	VIRETAN	
ASSAM	PANELS	
ALPO	GOIS	FAMED
GIR	POET	KOSOV
ORI	HITSONO	KEM
RITUAL	TREES	IRE
AS	CHOW	GRANTS
PARADES	READ	
DEPH	ITS	IN THE P
DEED	RESID	OLEO
SSNS	ORIGS	WITS

5	9	1	8	2	4	6	3	7
6	3	8	7	9	5	2	1	4
4	2	7	3	1	6	9	8	5
3	7	5	1	4	9	8	6	2
1	6	4	2	8	7	5	9	3
9	8	2	5	6	3	7	4	1
7	4	6	9	5	1	3	2	8
8	5	9	4	3	2	1	7	6
2	1	3	6	7	8	4	5	9

Be a good sport and make a difference!



Poverty is spreading in the way of a Merry Christmas for thousands of people in our community. The StarPhoenix is asking people to make a big difference for every Saskatoonian and their families this Christmas.

The Sporting Christmas Fund, operated by The StarPhoenix, has set a goal to help alleviate hunger and sadness for so many people in this holiday season. All donations are turned over to the Salvation Army, where money is put to good use for those in need of a Christmas dinner or a helping hand.

With your generous support, we'll make the Sporting Christmas Fund the most successful ever.

In support of



Oring Hope Today

PLEASE DONATE NOW

- Online at thestarphoenix.com/sportingchristmas
- Please send only cheques, money orders or credit card donations by mail.
- Cash donations can be made in person at The StarPhoenix 204 5th Ave. North, Saskatoon, SK from 6:30 am to 4:30 pm

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StarPhoenix

Donation Form

First Name: _____ Last Name: _____

Address: _____

City: _____ Prov: _____ Postal Code: _____

Phone: () _____

☐ Please submit payment a money transfer to support the StarPhoenix Sporting Christmas Fund. (Indicate this by marking the appropriate box on the back of the cheque.)

☐ Please include tax receipt (mailing label) _____

Donation Amount: \$ _____

Donation Method: ☐ Credit Card ☐ Cheque ☐ Money Order

Card Type: _____

Card Number: _____

Expiry Date: _____

Security Code: _____

The StarPhoenix

1001 - 1001 - 1001 - 1001

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